

Columbus Connection

Monthly Newsletter of the Ahmadiyya Muslim Community, Columbus, Ohio

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Mental Health

On 15th January 2022, Hazrat Khalifatul Masih V (aba) held a virtual Mulaqat with Waqfe Nau doctors from Germany. Answering the misconceived notion that mental health may be a sign of weakness of faith, Huzoor (aba) stated, "This is a very incorrect way of looking at it. Whoever says this is wrong... it does not have anything to do with a lack of faith... Mental health illnesses have varying causes and conditions. Sometimes, even if a person himself is not weak in his faith, he is mistreated in such a way by the people around him that he becomes mentally unwell. It is beyond his control. So a patient is helpless. Therefore, to say that such a person is weak in his faith is wrong."

Upcoming Events

- Feb 6** - Local Elections
- Feb 11** - Jama'at Amila Meeting
- Feb 13** - Monthly Waqar-e-Amal
- Feb 13** - National Tarbiyat Webinar (5pm)
- Feb 13** - General Meeting - Musleh Mau'ud Day
- Feb 27** - Tahajjud & Breakfast

6. For a Righteous End of Life

*Rabba-naa afrigh `alainaa
sabrana-wa tawaffa-naa
muslimeen*

O our Lord, pour forth upon us
steadfastness and cause us to
die resigned unto Thee (7:127)

۶۔ تمّت بالخیر کی دعا
رَبَّنَا اَفْرِغْ عَلَيْنَا صَبْرًا وَ تَوَفَّنَا
مُسْلِمِیْنَ ۝

اے ہمارے رب! ہم پر صبر ایزدیل اور ہم کو مسلمان ہونے کی
حالت میں وفات دے۔ (الاعراف: ۱۲۷)

Please memorize and recite this prayer in your daily life.



The world has always
opposed those who are sent
by God, because love for this
world can never go together
with love for Divine
Messengers. Had you not
been in love with this world
you would have recognized
me, but now you cannot
recognize me. (Lecture
Sialkot, p. 26)



The Messenger of Allah (ﷺ) said,
"Whoever suffers from destitution and he
beseeches the people for it, his destitution
shall not end. And whoever suffers from
destitution and he beseeches Allah for it,
Allah will send provisions to him, sooner
or later" (Tirmidhi).



Top left to bottom right: New Mosque sign, Members of the Jama'at helping in various Waqar-e-Amal activities.

Announcements:

- Send a letter to Huzoor (aba) via fax: <http://services.amccolumbus.org/fax.aspx>
- Online Jama'at Chanda Portal: <http://chanda.ahmadiyya.us>
- Masjid Baitun-Nasir Salat times: amccolumbus.org/salat-times.html



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